



OMARA DURAND ELIAS

Country: Cuba

Date of Birth: 26/11/1991

Sport: Para athletics

Discipline: Women's 100 m T12,
Women's 200 m T12, Women's 400 m
T12



Sports Career

Paralympic Games : Gold medals in 2016 (2), Gold medals in 2012 (3)

World Championships : Gold medals in 2011 (2), Gold medals in 2015 (3), Gold medals in 2017 (3)

Why do you wish to become a member of the IPC Athletes' Council?

I wish to be a member of the IPC Athlete Council to represent Cuba on the council and I will also be proud to stand alongside other Paralympic athletes from around the world advocating for the international Paralympic movement.

Why do you wish to run for the IPC Athletes' Council?

Because it is the institution that represents all the Paralympic athletes in the world and I feel very identified with the international Paralympic movement.

What special skills, background and expertise will you bring to the IPC Athletes' Council?

Discipline, dedication, willingness, self-sacrifice

How has sport impacted your life?

Thanks to sport I have the satisfaction of saying that I am a fulfilled woman in every sense, it has been a source of integration into society, inclusion, inspiration to achieve my dreams and great successes.

What is your vision for the IPC Athletes' Council?

Contribute to the development of the international Paralympic movement by setting an example

Why is the athletes' voice important to you?

The athlete's voice is important because it conveys the concerns and experiences lived.

What is the biggest challenge you have experienced as an athlete? How did you overcome it?

The biggest challenge has been to run to achieve my goals and the desired results and thus put the Cuban Paralympic movement on a high level. I did it with discipline, dedication, will and self-sacrifice.